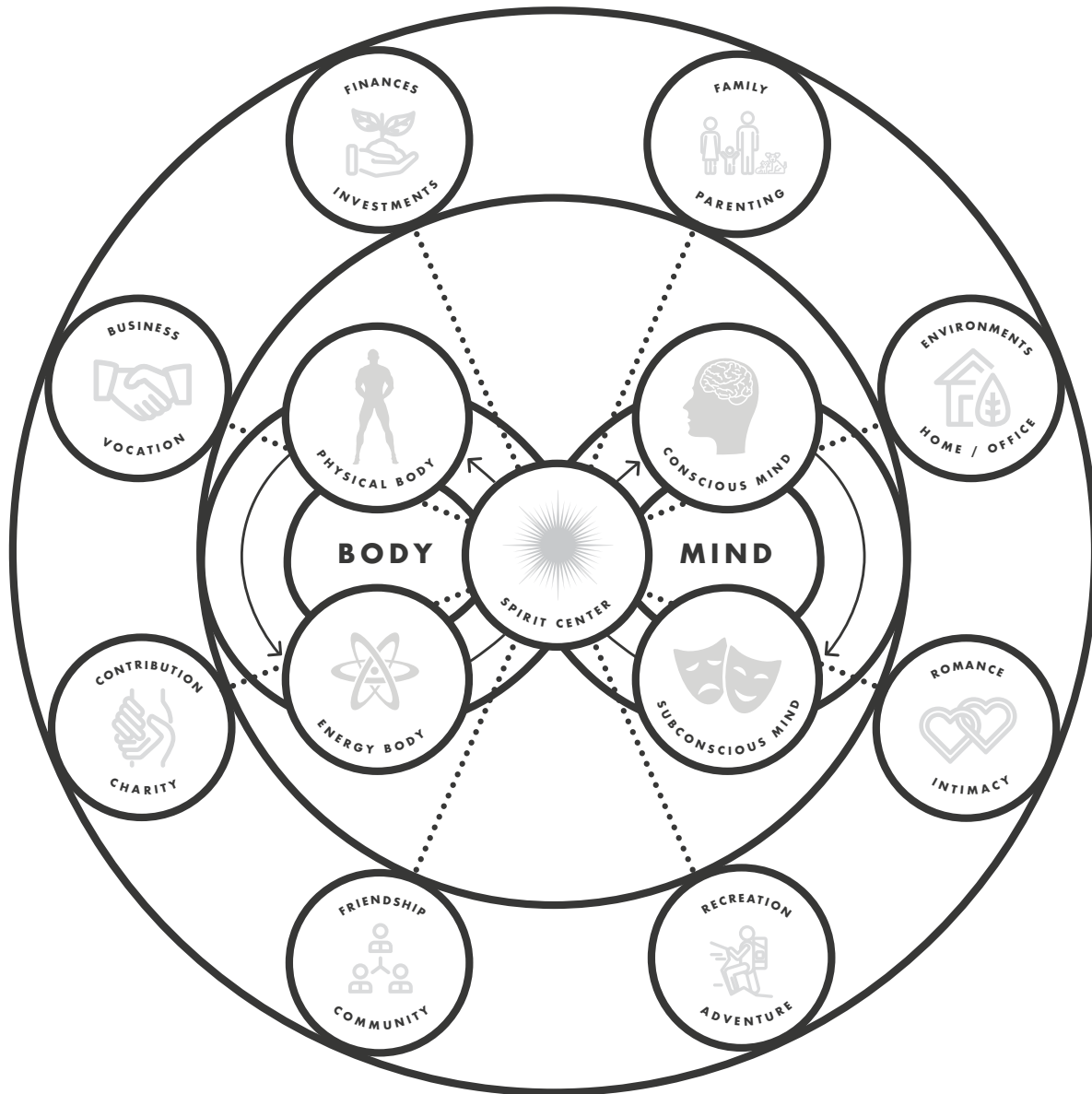


LIFE FORCE ENERGY SCORE



Use this 'Life Force Energy Score' tool to help you take an assessment of where your 'Energy Flow' is at. Simply measure each of the 13 areas on the map on a scale from 1-10 and score each one to help you identify and map-out the areas in life that currently need the most energetic attention.

The word-feelings below can help you notice when your Energy Flow is off. If any of these feelings become your dominant vibrational set-point then do your best to up level your energy in the center of the S.A.T.O.R.I. map first, and then extend your new vibrational set-point out from there. As they say "a rising tide lifts all boats".

Date _____

Total _____

0 — 10 — 20 — 30 — 40 — 50 — 60 — 70 — 80 — 90 — 100 — 110 — 120 — 130

Depressed	Mad	Disappointed	Bored	Optimistic	Happy	Loving	Blissful
Powerless	Sad	Enraged	Frustrated	Pessimistic	Hopeful	Empowered	Grateful
Desperate	Angry	Disillusioned	Content	Knowing	Joyful		

